



# CAPITAL EVENTS

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Special  
Interests  
Articles:

Chapter News  
Industry News

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Picture will go here, George's disk was unreadable, will get him to email me the pictures to include here

*Picture Caption will go here*

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*Thank you to Springhill Suites by Marriott for sponsoring our  
March membership meeting !*

## President's Message – Ellen Sliger, Florida Capital

Spring is in the air – enjoy it wherever you are!

There are several things going on in our Chapter. First, it is election time. The Florida Capital Chapter is seeking nominations for all board positions. This is a great opportunity to get involved in your Chapter!

We are asking for your input. A survey has been sent to all members, please complete this. Your comments, questions, and answers are appreciated.

Check out our Chapter website [www.sgmpfl.org](http://www.sgmpfl.org) it has all the latest information on meetings, SGMP Conference, charity events, and anything else that is currently going on.

You can also check out the National Website, [www.sgmp.org](http://www.sgmp.org). You will find a variety of information on this website also.

**Congratulations to Gabrielle, George and Retha Nero.** They were award scholarship assistance to attend the National SGMP Conference in Louisville, KY in May. Start today working on scholarship points for the next conference.

## Chapter News

### SGMP Florida Capital Chapter Board Election Nominations

The Florida Capital chapter is a viable and growing member of the national SGMP organization. Through conscientious leadership, good fiscal management and diligent member recruitment this chapter continues to thrive.

However, from time to time all good organizations benefit from fresh perspectives and renewed energy.

The chapter's Nomination and Election Committee is currently seeking candidates with interest in serving on the Board of Directors. Would you or someone you know be willing?

Please use the following link to access election year 2009's nomination form. If nominating someone other than yourself, please make sure to seek that person's agreement prior to submitting the nomination.

All forms should be completed and returned to P.O. Box 1563 Tallahassee, FL 32302-1563 no later than April 6, 2009.




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#### **SGMP Board**

*Ellen Sliger  
President*

*Arlene Roberts  
Immediate Past  
President*

*Amy Brown  
First Vice President*

*Chantale Acacia  
Second Vice President*

*Claire Smith  
Secretary*

*Suzanne Kelly  
Treasurer*

*Directors:  
Suzy Keenan  
Karen Lambert  
Marcia Burks*

# Committee Reports

There will be a committee list at the meetings for members to volunteer. Please check the committee list to the right and see where you think you would like to assist or be a committee chair. We need more than one or two people on these committees. We need your ideas on how to make things grow and move in the right direction. Contact someone on the board if you have questions regarding these committees. WE WANT YOU!!!

There will also be board positions to fill. Our Nominations & Elections will start soon after the New Year for the July 2009 – June 2011 term. Think about becoming a board member. Call and talk to current board members if you have an interest.

## Food for Thought:

### Salmon Potato Cakes

**Cook Time: 35 minutes**

**Ingredients:**

- 14 oz fresh skinless salmon fillets
- 2 cups refrigerated sour cream and chive mashed potatoes
- ½ cup seasoned fine dry bread crumbs
- 3 tbsp. Snipped fresh dill
- Nonstick Cooking Spray
- 5 oz package mixed salad greens
- ½ cup bottled honey-dijon salad dressing

**Preparation:**

Rinse and dry salmon. Place in 2-quart square microwave-safe baking dish, cover with vented plastic. Microcook on hig (100% of power), for 2 ½ to 3 ½ minutes or until salmon flakes easily with a fork. Break in pieces. In bowl combine salmon, potatoes, bread crumbs, and dill. Form salmon mixture in eight 3 ½ inch cakes. Lightly coat a large nonstick skillet with cooking spray. Cook cakes over medium-high heat 3-4 minutes one each side, until heated through and browned. Place salad greens on plates. Top with salmon-potatoe cakes, serve with salad dressing. **Serves 4**

**Committee Chairs**

**Archives**  
*George Fong*

**Community Service**  
*D. M. Gabrielle*

**Honors & Awards**  
*Amy Brown*

**Member Services**  
*Marcia Burks*

**Membership Recruitment**  
*Retha Nero*

**Membership Retention**  
*Retha Nero*

**National Conference**  
*Ellen Sliger*

**Programs**  
*Gloria Marion-Smith*

**Publications and Communications**  
*Melissa Jackson*

**Special Events**  
*See Web*

\*\*\*\*\*Quote of the Month\*\*\*\*\*

"Yes We Can"

-By President Barack Obama

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**SGMP Florida  
Capital Chapter  
P. O. Box 1563  
Tallahassee  
Florida 32302**

**If you have an article  
you would like to  
submit, please  
contact:**

**Melissa Jackson,  
Publication Committee  
Chair,**

According to Policy: The  
newsletter will be used to  
promote chapter matters  
only. The newsletter will not  
be used to promote a  
member's business or hotel  
site.



**We're on the Web!**

See us at:

[www.sgmpfl.org](http://www.sgmpfl.org)

**National's Web Site**

[www.sgmp.org](http://www.sgmp.org)

## Membership Report

2/9/2009

As Of Our 12/9/08 Report

51.1 Govt. Planners

4.3 Contract Planners

Govt. Planners - ?

Contract Planners - ?

Suppliers - ?

Assoc Suppliers Grandfathered

Educator/Student - ?

Retired - ?

Total Chapter Membership ?

**Total Members - ?**

## Looking Ahead

National Conferences:

May 13-16, 2009

Louisville, KY-The Galt House

May 19-22, 2010

Kansas City, MO -The Hyatt and

The Westin at Crowne Center

June 8-11, 2011

Norfolk, VA -The Sheraton and

The Marriott Waterside

## April Membership Meeting "Communicating through the Generations"

Tuesday, April 14, 2009

5:30 pm – 7:30 pm

Hilton Garden Inn

1300 S. Blairstone Rd.

Sponsored by  
The Florida Hotel & Conference Center  
Presented by Dr. Gabrielle, Ph.D.

**RSVP**

[mburks@floridahotelorlando.com](mailto:mburks@floridahotelorlando.com)

## Monthly Board Meetings

The Board meets the same day and  
place as the membership meeting  
beginning at 4:30 p.m. Members are  
welcome to attend, and minutes are  
available upon request.

## About Our Organization

The SGMP Florida Capital Chapter chartered June, 1989 with 35 members. The chapter offers a variety of services to its members, including monthly educational programs, leadership opportunities, social activities and a strong code of ethics.

## Mission Statement

The Society of Government Meeting Professionals is a national organization dedicated to improving the knowledge and expertise of individuals in the planning and management of government meetings through education, training, and industry relationships.

## **A Need to Know – Upcoming Events**

February 17 – Stress Management

March 17 – Getting More Done with Less

**April 14 – CGMP**

May – No meeting due to the National Conference

June 16 – Honors & Awards Banquet

July 14 – Meeting Technology

August 11 – Silent Auction

September 15 – Effective Leadership

October 20 – Fright Night/Supplier Appreciation Dinner

**ELLEN SLIGER, PRESIDENT  
FLORIDA CAPITAL CHAPTER**

