

July 2009

Volume 6, Issue 7

# Capital Events



## Special Interest Articles:

- Technology Updates
- Lynn Holland, Embassy Suites Destin, sponsor

## "Technology Updates for the Meeting Planner World"

Presented by Deborah G. Barnes, Ph.D

Dr. Barnes' presentation on the reduction of stress focused on being "green" in our daily lives. She led by example in that her power point presentation did not include paper handouts; rather you were to give her an e-mail address where she could send the presentation. She told how she lets parents know that the best way to communicate with her is through her e-mail, not the telephone nor in person. She stressed the importance of taking care of you in order to be helpful to others. This included exercise and time for you, getting your nails done, a massage or simply alone time. Not over scheduling your days is critically important to the reduction of stress in your everyday life and your profession.



Above, right to left, Amy Brown, President, Gloria Marion-Smith, Dr. Barnes, and Kristi Griffith

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The Florida Capital Chapter wants to thank Lynn Holland, Embassy Suites Destin for sponsoring our meeting. We always look forward to our July meeting that you pick to pamper us. The food was great with all the little Cuban sandwiches, mini burgers, cheese, and chicken. Thank you! All the tables were set with info and goodies from Lynn.



Above – our sponsor for the evening is Lynn Holland (left) and president, Amy Brown (right)

**"A Friend is to B1"**  
*to you from the mystery writer*



President's Message – Amy Brown, CGMP, Florida Capital Chapter President

I am so excited about becoming the Florida Capital Chapter President. We have a great chapter and with your support we can make it even better.

We have an extraordinary year of programs planned. Please take the time to review the calendar on the chapter website <http://sgmpfl.org/calendar.htm> and mark your personal calendar to attend all our educational programs. In addition to the knowledge you will take home, you will also have the opportunity to earn CEUs for your attendance.

Another exciting opportunity possibly coming our way is the Certified Government Meeting Professional (CGMP) training class and examination. We can bring this to Tallahassee if we have at least 15 participants. Information on this certification is on the national website <http://sgmp.org/CGMPImportantNotices.asp>. I participated in this training at the National conference in May of this year and received my CGMP certification. The training was fantastic, therefore I highly recommend this training to our members. Please e-mail me if you would like the training/exam to come to the Capital City. [Brown@doacs.state.fl.us](mailto:Brown@doacs.state.fl.us)

Also, I have an open door policy, please do not hesitate to e-mail me or call me (850) 617-7510 with any of your suggestions, questions or concerns.

Thanks again for your valuable support and encouragement.

**SUPPLIERS** - A time and place to put the word out for your special deals. For only \$25.00 you can let the membership know about all your specials you have running. This could be for meetings to be held, vacation times, or special events. Place your ad in the monthly newsletter. Advertising on the web site will come at a later date when details can be worked out. If interested, please contact your President, Amy Brown, [browna@doacs.state.fl.us](mailto:browna@doacs.state.fl.us) .

**SGMP Board**

Ellen Sliger  
Immediate Past  
President

Suzy Keenan  
First VP

Marcia Burks  
Second VP

Chris Schuh  
Secretary

Joice Ventry  
Treasurer

*Directors:*

Retha Nero  
Janet Roach  
Arlene Roberts

**Monthly Board Meetings**

The Board meets the same day and place as the membership meeting beginning at 4:30 pm. Members are welcome to attend, and minutes are available upon request.

**Membership Report**

As Of Our 7/8/09 Report  
55.4% Planners  
44.6% Suppliers  
Govt. Planners – 52  
Contract Planners – 3  
Suppliers – 45  
Assoc Suppliers – 1  
Educator/Student – 2  
Retired – 7  
Total Members - 110

**Looking Ahead**

National Conferences:

May 19-22, 2010  
Kansas City, MO

June 8-11, 2011  
Norfolk, VA

**A Need to Know – Upcoming Programs**

August 11 – Silent Auction / Larry Ferguson, Auctioneer  
September 15 – Effective Leadership  
October 20 – Fright Night/Supplier Appreciation Dinner

**August Membership Meeting  
“Silent Auction”**

Tuesday, August 11, 2009  
5:00 pm – 7:30 pm  
DoubleTree Tallahassee

Sponsored by  
DoubleTree Tallahassee

RSVP  
Janet Roach 850 521-6017  
[Janet.roach@hilton.com](mailto:Janet.roach@hilton.com)

**Committee Chairs** – Archives, George Fong; Community Service, Gabrielle; Honors & Awards, Arlene Roberts; Member Services, Teresa Hall ; Membership Recruitment and Retention, Retha Nero; National Conference, Amy Brown; Programs, Gloria Marion-Smith; Publications and Communications, Arlene Roberts; Special Events, Karen Lambert; Sponsorship, Arlene Roberts

**About the organization** - The SGMP Florida Capital Chapter chartered June, 1989 with 35 members. The chapter offers a variety of services to its members, including monthly educational programs, leadership opportunities, social activities and a strong code of ethics.

**Mission Statement** - The Society of Government Meeting Professionals is a national organization dedicated to improving the knowledge and expertise of individuals in the planning and management of government meetings through education, training, and industry relationships.

